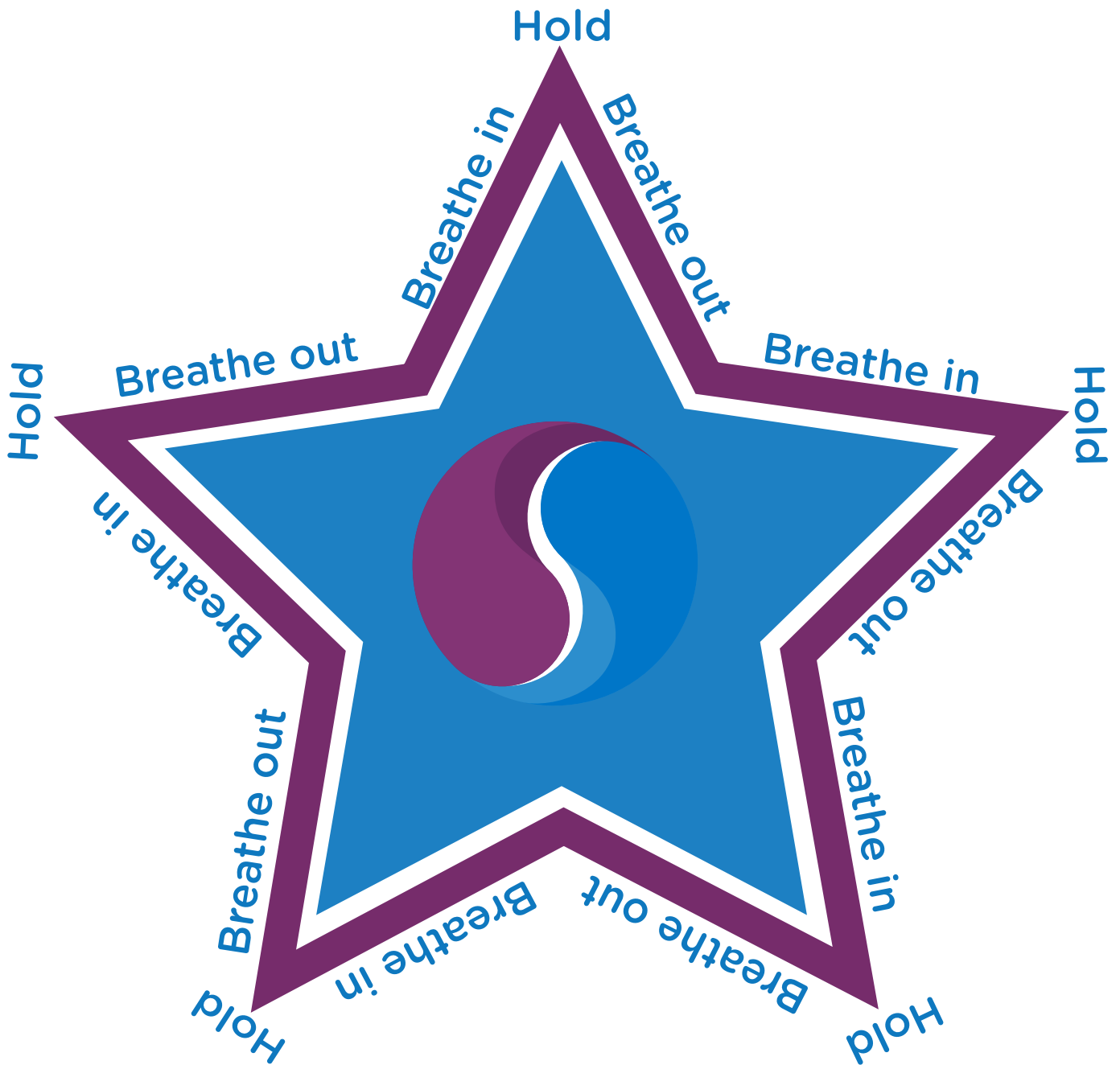


Star Breathing

Start at any 'breathe in' side, hold your breath at the point, then breathe out. Keep going until you've gone around the whole star.



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